



## 2021 SLST Pool Rescue Carnival Round 2

**Attention:** Club Secretaries, SS Managers, SS Coaches, SS Officials, JACs and Identified Club Personnel

**Actioned by:** Clubs wishing to promote event and enter members into the 2021 SLST Pool Rescue Competition

**Date:** 7th September 2021

**Contact:** Shayne Jupp | Volunteer Support Officer  
E: [sjupp@slst.asn.au](mailto:sjupp@slst.asn.au)  
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<b>Summary</b>	<b>The SLST Pool Rescue Competition – Entries Open!</b> Short Course Event #2 Saturday 18 <sup>th</sup> September 2021 1:30pm-5:30pm Launceston Leisure & Aquatic Centre
<b>Strategic Goals</b>	<b>Active for Life</b> <ul style="list-style-type: none"><li>• Offer diverse sport and recreational pathways to people of all abilities</li><li>• Increase grassroots participation in sport and recreational activities at all levels of the movement</li></ul>
<b>Key Strategies</b>	8.1 Grow participation in our sport and recreational activities at a grassroots level through structured and appropriately tiered programs. 8.5 Deliver surf sports events to our members which appeal to a broad participation base. 8.7 Work collaboratively with other agencies to contribute to a healthy community
<b>Action</b>	<ol style="list-style-type: none"><li>1. <b>Clubs to advertise pool rescue dates to interested members</b></li><li>2. <b>Entries to be submitted in team list attached below by <b>Monday 13<sup>th</sup> September 2021.</b></b></li></ol>
<b>Attachment(s)</b>	Team List ( <i>attached to email also on last page of this bulletin + SS Calendar</i> )

### Background

There will be a Pool Rescue carnival at the Launceston Leisure and Aquatic Centre on Saturday 18th September 2021. The competition, coordinated by Surf Life Saving Tasmania, will offer members the opportunity to compete in short course races. The event will focus on participation and continued growth in the pool rescue discipline in Tasmania. All clubs are invited to promote and enter a team this year and support the event.

### SLST Pool Rescue Carnival

**Date:** Saturday 18<sup>th</sup> September 2021  
**Time:** 1.30pm (Warm Up) for 2.00pm Start  
**Venue:** Launceston Leisure and Aquatic Centre  
(18A High St, Launceston 7250)  
**Referee:** Ondine Adey. **Officials Coordinator:** Liz Eustace  
**Age Groups:** Under 13 to Masters

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## Entries:

### **SLST Club Entries**

All clubs are required to enter their competitors on the club team list at the end of the bulletin.

Note: team members can be changed up to the first event of the carnival. If you have any questions regarding this, please direct them to Shayne Jupp at SLST ([sjupp@slst.asn.au](mailto:sjupp@slst.asn.au)).

The entry fee for the event will be covered by pool entry fee into the Launceston Leisure and Aquatic Centre.

Age groups will be as per the List of Events from Under 13 to Open. However, age groups may be collapsed or genders combined on the day of competition at the discretion of the event Referee and dependent upon entries numbers. The age group for the upcoming season is determined on the day.

Competitors will only be able to complete in their own age groups for individual events. However, competitors are able to move up one age group to make up relays. With a commitment to increasing participation and inclusivity, please ensure that all competitors in the age group in question are included before drawing on younger age competitors.

**For Officials, timekeepers, and other helpers to recognise competitors in their age groups please write the competitors age group, e.g. U13 (ages 12-year-olds) , U15 (ages 13 + 14-year-olds) U17 (ages 15 + 16-year-olds) OPEN (ages 17 and above) on the top of the left arm with a thick waterproof marker pen.**

## **Briefings & Start Times:**

Warm up:	1:30pm
Officials & Team Manager Briefing:	1:30pm (Up to 15 mins)
First Event:	2:00pm

**Events:** Please see the full list of events below. This is a proposed schedule for the event and any changes to this format will be communicated at the briefing on the day.

## **Event regulations:**

Only rubber fins can be used in Short-course events. Fins made of any material other than wholly rubber are not permitted to be worn in short course events (diver and other mixed component fins are not permitted to be worn).

### ***“11.3.1 Swim Fins Specifications for U13 and Under Age Category Events***

*The swim fins used in events for U13 and under aged events are restricted to soft/flexible rubber type fins used for swimming training similar to the styles depicted below:*



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Please note that fins that do not meet this general profile or are specific purpose diving or surfing/bodyboarding fins and/or with stiff and/or elongated blades, will not be permitted for use in U13 and under aged events.

The swim fins shall comply with the following dimensions:

- Maximum 50cm overall length including the shoe.
- Maximum 25cm width at the widest point of the blade.

Swim fins are to be measured with the shoe or ankle strap extended but not stretched. Swim fins will not be permitted to be used if they do not conform to the specifications or if they are considered to be safety hazard.

**Note:** Fins are measured while not being worn.

Please note that fins that do not meet this general profile or are dedicated dive fins and those with stiff and/or elongated blades will not be permitted for use U13 and under aged events.”

## Supplementary regulations:

Approved sanctioned events outside of the regulations of the Surf Sports Manual 35<sup>th</sup> Edition to run at this event, include:

- None

*Please Note:* Please refer to the SLSA Surf Sports Manual (35<sup>th</sup> Edition) for full competitive conditions rules and regulations with regards to Age Groups. A full version can be downloaded from the SLSA Members Area Document Library at <https://members.sls.com.au> and can also be downloaded and used offline through the SLSA Publications App.

## Workforce

**Carnival Referee:** Ondine Adey

**Officials Coordinator:** Liz Eustace

**Venue Management:** Felicity Cooper

## Officials & Timekeepers

All clubs competing at the Pool Rescue Competition **MUST** provide **at least 2** Officials/ timekeepers/ helpers. All workforce officials will be notified of their appointments and where/ when they will be required during the event. The more timekeepers/ helpers your club can provide; the less time they will have to be on the pool deck.

## Helpers in the water

With the potential to run 60 races in one day, it is ever so more important that there are enough helpers, timekeepers and officials available and willing to assist with the organisation and delivery of the day. For certain events, including those with manikins, obstacles and other equipment, we will require a number of helpers willing to get wet and be in the water to move and set equipment.

Please email the names of your club Officials/ Timekeepers/ Helpers to Shayne Jupp by **9am, Monday 13<sup>th</sup> September 2021**. Please note, clubs may not be eligible to compete without the required number of officials to support the Referee on the day.

## Equipment

All clubs competing at the SLST Pool Rescue Carnival are asked, if possible, to bring 3 rescue tubes (please make sure all club equipment is marked appropriately) to be used by all competitors at the event. As with manpower, the more equipment available to be used will help the day run more smoothly.

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## Event #2: 18<sup>th</sup> September 2021 (Launceston Leisure and Aquatic Centre)

Contest List:

Distance	Event	Solo/ Team	Age Category
<i>Obstacles are set at 12.5m from start &amp; end wall (short course pool = 1 obs at halfway)</i>			
	<i>Event 1</i>		
100m	Obstacle swim	Solo	U/17, U/15, Open
50m	Obstacle swim	Solo	U/13
	<i>Event 2</i>		
4 x 50m	Obstacle relay	Team	1 x relay per age group
4 x 25m	Obstacle relay	Team	U/13
	<i>Event 3</i>		
12.5m	Line Throw	Team	U/17, U/15, Open
<i>Move obstacle to 10m from wall</i>			
10m	Line Throw	Team	U/13
<i>Remove obstacle from lane, add full manikin to ground at wall end (will need 2 x full manikins per lane)</i>			
	<i>Event 4</i>		
25m	Manikin carry	Solo	U/17, U/15, Open
12.5m	Brick carry	Solo	U/13
	<i>Event 5</i>		
4 x 25m	Manikin carry relay	Team	All Age Categories
4 x 12.5m	Brick carry relay	Team	U/13

**Instructional Videos:**  
[World Record Line Throw](#)  
[Line Throw Technique Video](#)  
[Rescue Medley](#)  
[Manikin Tow with Fins](#)  
[Manikin Carry with Fins](#)  
[Super Lifesaver](#)  
[Obstacle Course](#)  
[NZ Pool Champs 2020](#)

