



# Surf Life Saving Australia

## Sweep Accreditation Assessment Tool



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## Terminology key

**Stage 1 (S1) = precompetition sweep**

**Stage 2 (S2) = restricted sweep; allowed to sweep in competition under supervision**

**Stage 3 (S3) = unrestricted sweep; fully accredited sweep**

**Sweep mentor = identified sweep to mentor/guide new sweeps through the qualifications. These people will be identified to SLSA through the ASRL and state centres**

**Sweep assessor = identified sweep to assess the new sweeps through the qualifications. These people will be identified to SLSA through the ASRL and state centres**

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**Note: All current Level 2 & 3 qualified sweeps who have a current SLSA coach certificate and sweep accreditation will be awarded a sweep mentor and sweep assessor. No further qualification is required.**

## Section 1: Sweep accreditation pathway

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### S1: Precompetition sweep

Stage 1. This is for the startup sweep, allowing a new sweep to commence immediately to be schooled in the art of sweeping under the guidance of a qualified club sweep. At this stage, the emphasis is on learning the skill of handling the surf boat.



### S2: Restricted sweep—SLSA online coaching course

Stage 2. This is where the new sweep steps up into competition still under the guidance of the qualified club boat assessor panel of sweeps. At this stage of development, the sweep may participate in competition up to and including surf conditions rated up to 13 under the SHR system. Also during this stage, the new sweep must be working to complete the online coaching course process. The new sweep must also have attended an organised sweeps' course or sat with a panel of sweeps in a formal process of learning. Only after completing the online coaching course plus attending an organised sweeps' course or sitting with a panel of sweeps will the restricted sweep be permitted to contest either state or national championships.



### S3: Unrestricted sweep

All restrictions are lifted and the sweep is now able to contest events at all levels of competition. To be assessed at this level, the sweep will be able to show an advanced knowledge in accord with the sweep assessment course, have successfully completed the online coaching segment and attended a sweep coaching course or sat with a panel of sweeps.



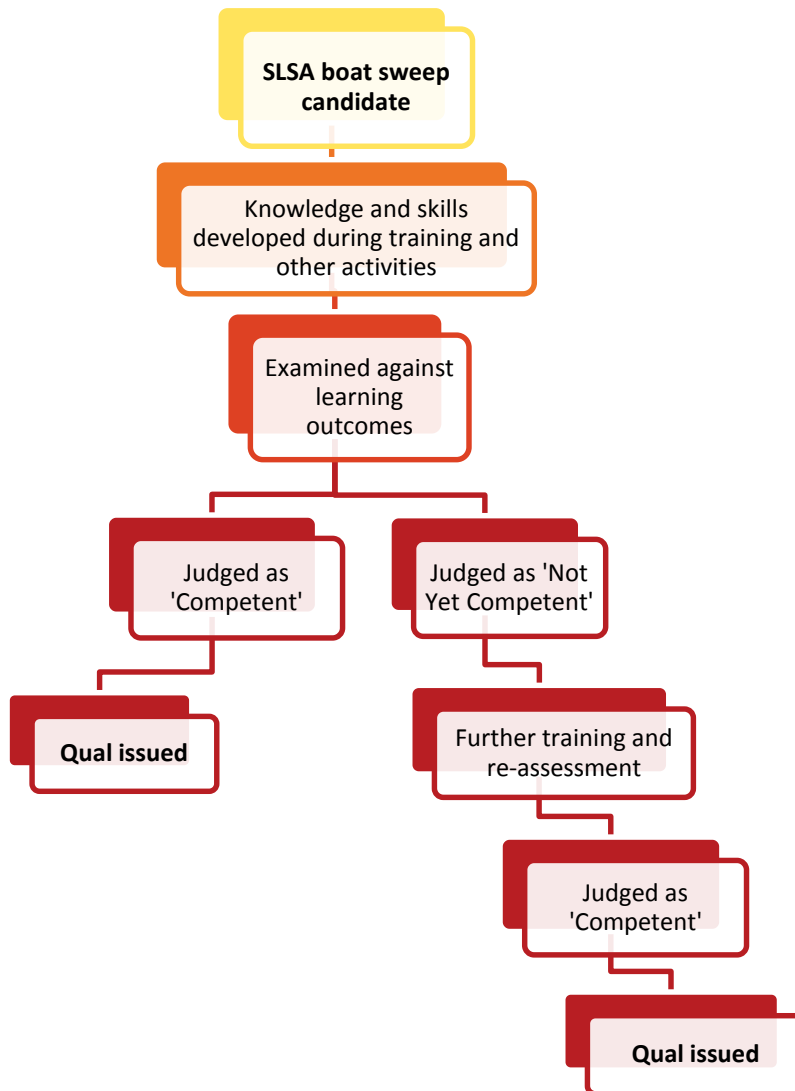
### ASRL/SLSA surf boat advisers

For the purpose of sweep accreditation and assessing each new sweep stage, the 'advisers' will be a body of experienced qualified sweeps who are competent to assess in each level of the sweep accreditation. These will be selected from a list of names supplied by the ASRL from each region of Australia.

## Section 2: Surf boat sweep accreditation tips

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### The competency-based accreditation process



The assessment process includes three main stages:

1. Prepare assessment.
2. Conduct assessment.
3. Record and review assessment.

## Section 3: Sweep accreditation assessment tool

### S1: Precompetition sweep assessment tool

Candidate details: Name:

Email:

Club:

Qualified sweep name:

Date of assessment:

#### Hazard and safety assessment

Outcomes	C	NYC	Comments
Understands how to identify hazards in surf environment	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the principles of keeping the boat aimed into the surf while moving along the shore	<input type="checkbox"/>	<input type="checkbox"/>	
Understands that crew members must at all times maintain control of the boat and oars when on the water	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the need to seek assistance from more experienced people in making decisions in and around the surf	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the duty of care responsibility to crew and the public	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the surf boat equipment and its care	<input type="checkbox"/>	<input type="checkbox"/>	
Understands safe lifting methods in regard to carrying the surf boat	<input type="checkbox"/>	<input type="checkbox"/>	

#### Balance

Display ability to maintain a balanced position and stance	C	NYC	Comments
On smooth water	<input type="checkbox"/>	<input type="checkbox"/>	
On choppy water (not yet waves)	<input type="checkbox"/>	<input type="checkbox"/>	
In windy conditions	<input type="checkbox"/>	<input type="checkbox"/>	
Through broken wave zone (half a metre)	<input type="checkbox"/>	<input type="checkbox"/>	
Keeping boat balanced for crew	<input type="checkbox"/>	<input type="checkbox"/>	

#### Steering

Display ability to steer surf boat in a controlled manner	C	NYC	Comments
On smooth water	<input type="checkbox"/>	<input type="checkbox"/>	
In choppy conditions	<input type="checkbox"/>	<input type="checkbox"/>	
In windy conditions	<input type="checkbox"/>	<input type="checkbox"/>	
Through broken wave zone (half a metre)	<input type="checkbox"/>	<input type="checkbox"/>	

**SLSA sweep examiner recommendations:**

**The candidate is assessed as competent in the aforementioned three stages.**

Yes

No

Feedback to candidate:

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Summary of feedback provided to the candidate:

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Sweep examiner name:

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Date:

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Sweep examiner signature:

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**S2: Restricted sweep assessment tool**

Candidate details:

Name:

Email:

Club:

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Qualified sweep name:

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Date of assessment:

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**General knowledge**

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Outcomes	C	NYC	Comments
Shows an advanced understanding of the rules and competition manual and knows where to find information	<input type="checkbox"/>	<input type="checkbox"/>	
Has a respect for working with the competition officials	<input type="checkbox"/>	<input type="checkbox"/>	
Teaches good equipment management, boat handling and lifting technique	<input type="checkbox"/>	<input type="checkbox"/>	
Exhibits a heightened level of surf awareness including identification of dangers to the operation or the surf boat	<input type="checkbox"/>	<input type="checkbox"/>	
Develops an understanding of each crew's experience levels and capabilities	<input type="checkbox"/>	<input type="checkbox"/>	
Develops an understanding of own capabilities	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the need to be aware of surrounding crew capabilities	<input type="checkbox"/>	<input type="checkbox"/>	
Makes good decisions around not taking risks through extending the upper limit of crew or own competency	<input type="checkbox"/>	<input type="checkbox"/>	

### Sweeping fundamentals

Outcomes	C	NYC	Comments
Displays ability to control the boat through a 1 m and above surf	<input type="checkbox"/>	<input type="checkbox"/>	
Stays on their feet in all situations	<input type="checkbox"/>	<input type="checkbox"/>	
Maintains pressure on the blade	<input type="checkbox"/>	<input type="checkbox"/>	
Maintains blade in contact with water	<input type="checkbox"/>	<input type="checkbox"/>	
Steers the boat into correct position and to avoid collisions	<input type="checkbox"/>	<input type="checkbox"/>	
Keeps boat under control in the surf zone both going in and out from shore through the break	<input type="checkbox"/>	<input type="checkbox"/>	
Has the ability to control boat while on a run and in the surf zone	<input type="checkbox"/>	<input type="checkbox"/>	
Knows how to handle a boat in a slew or broach situation and to maintain crew safety	<input type="checkbox"/>	<input type="checkbox"/>	
Knows commands and has the ability to deliver them clearly and at the correct time	<input type="checkbox"/>	<input type="checkbox"/>	
Understands basic principles for training a crew and showing respect to crew members in all communication	<input type="checkbox"/>	<input type="checkbox"/>	

### Starts and turns

Displays ability to steer surf boat in a controlled manner	C	NYC	Comments
Knows the basics of the different starts technique and understands how each may better suit a crew	<input type="checkbox"/>	<input type="checkbox"/>	
Respects and reads the surf learning to pick their way through the break safely	<input type="checkbox"/>	<input type="checkbox"/>	
Understands that charging every type of wave can produce safety issues that should be avoided	<input type="checkbox"/>	<input type="checkbox"/>	

Understands the various types of buoy turn and how different crews are suited	<input type="checkbox"/>	<input type="checkbox"/>	
Shows ability to undertake buoy turns and not impede other crews	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the steering line required to return through the Gate Can	<input type="checkbox"/>	<input type="checkbox"/>	

### Reading the surf

Displays ability to steer surf boat in a controlled manner	C	NYC	Comments
Understands the different types of waves and their effect on the surf boat going to sea	<input type="checkbox"/>	<input type="checkbox"/>	
Respects when to go and when to sit in the surf zone	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the difference in speed, power and ability between crews and can adjust accordingly	<input type="checkbox"/>	<input type="checkbox"/>	
Understands how the surf boat will react coming home in different wave types and knows when to go or when to sit and wait	<input type="checkbox"/>	<input type="checkbox"/>	

### General technique

Displays ability to steer surf boat in a controlled manner	C	NYC	Comments
Displays good body position in all aspects of the race	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the use of the quarter bar	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the benefits and effects of the front-on versus the side-on stance	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the benefits and effects of the one-handed versus two-handed sweeping methods	<input type="checkbox"/>	<input type="checkbox"/>	
Shows a developed understanding of trimming the crew on a wave using the various options	<input type="checkbox"/>	<input type="checkbox"/>	

### SLSA qualified sweep recommendations:

The candidate is assessed as competent in the aforementioned five stages.

Yes  No

Feedback to candidate:

Summary of feedback provided to the candidate:



Sweep examiner name:

Date:

Sweep examiner signature:

### S3: Unrestricted sweep assessment tool

Candidate details: Name:

Email:

Club:

Qualified sweep name:

Date of assessment:

#### Sweeping competencies

Outcomes	C	NYC	Comments
Understands need to avoid identifying a rowing fault unless the cause and method of correction are known	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the need to respect rowers	<input type="checkbox"/>	<input type="checkbox"/>	
Understands that the participation by the crew should be enjoyable	<input type="checkbox"/>	<input type="checkbox"/>	
Knows importance of listening and including the crew	<input type="checkbox"/>	<input type="checkbox"/>	
Understands need to avoid unrealistic expectations in training or competition	<input type="checkbox"/>	<input type="checkbox"/>	
Understands the need to communicate differently with different divisions and individuals	<input type="checkbox"/>	<input type="checkbox"/>	
Exhibits a good knowledge of the rowing technique	<input type="checkbox"/>	<input type="checkbox"/>	
Has the ability to judge maximum level of effort that should not be exceeded by the rowers at training	<input type="checkbox"/>	<input type="checkbox"/>	

#### Overall boat control

The sweep will have advanced knowledge, skill and understanding in all areas including:	C	NYC	Comments
Prerace crew and boat preparation	<input type="checkbox"/>	<input type="checkbox"/>	
Negotiating surf break	<input type="checkbox"/>	<input type="checkbox"/>	
Wave selection and boat trimming on the wave	<input type="checkbox"/>	<input type="checkbox"/>	
Keeping the boat trimmed	<input type="checkbox"/>	<input type="checkbox"/>	
Boat and oar gearing and general setup	<input type="checkbox"/>	<input type="checkbox"/>	

**SLSA sweep examiner recommendations:**

**The candidate is assessed as competent in the aforementioned two stages:**

Yes

No

Feedback to candidate:

Summary of feedback provided to the candidate:

Sweep examiner name:

Date:

Sweep examiner signature: